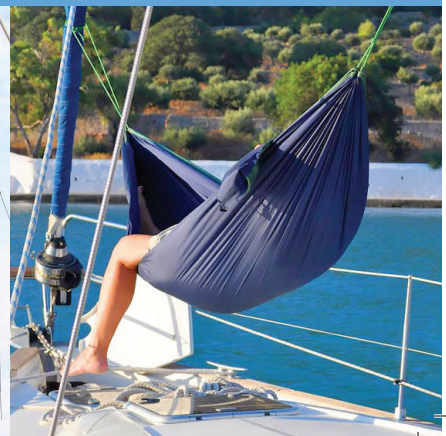


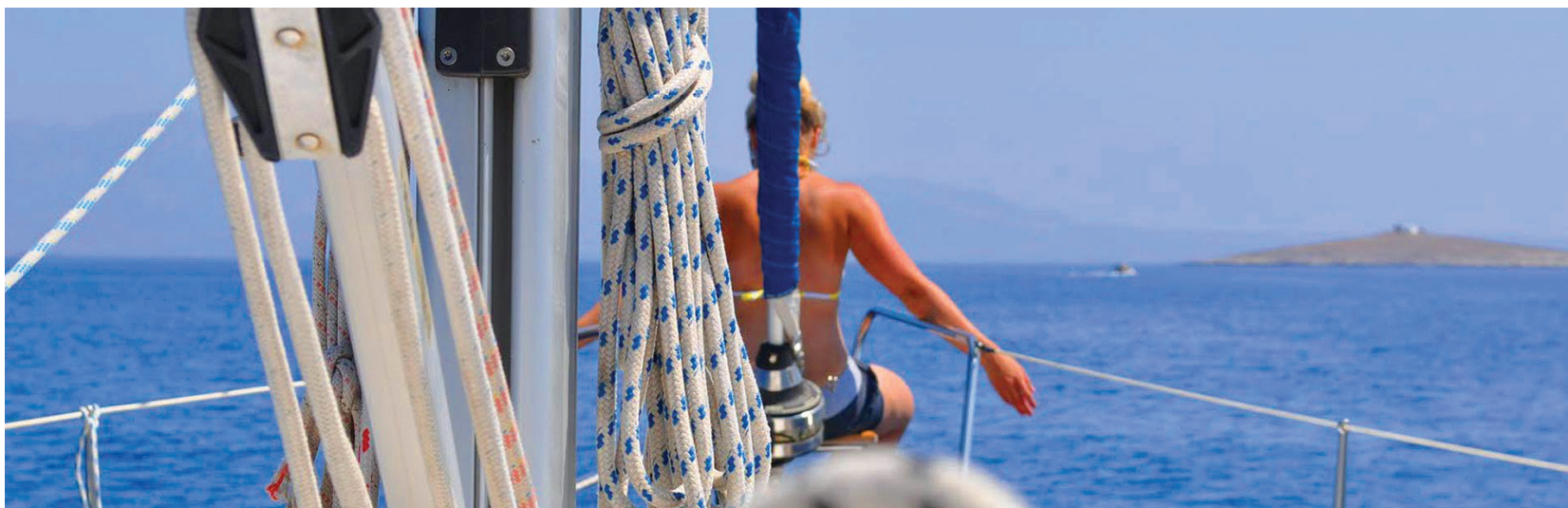


WELCOME ABOARD THE  
A N I J A

TRAVELING ALONE OR IN A GROUP, WITH OR WITHOUT SAILING EXPERIENCE, THESE SAILING CRUISES ARE FOR YOU



Living on a 15m / 50' Hanse sailboat is a little different than living on land and there are a few rules that need to be followed, and with this so much joy to discover!



Below is information and recommendations to make your life on board super enjoyable.



Each passenger is fully part of the crew, participating in maneuvers (on a voluntary basis), in navigation, in life on board, in learning to sail. No previous experience necessary. The captain is extremely knowledgeable in this navigation area, the Greek islands, specifically the Dodecanese islands, the Cyclades and the Turkish coast.

This is a unique journey conducted at your own pace and tailor-made to allow you to discover the Greek Islands and the Turkish coastline. These journeys include various stopovers including small fishing ports, taverns, archaeological sites, museums and any desired cultural and sporting activities ... all while gaining sailing experience.

### When to sail?

**This information is to be taken with a grain of salt (sea salt) due to climate change affecting the planet.**

#### APRIL / MAY TO MID-JUNE:

The islands offer you a very sunny and flowery spring, filled with the scents of the Mediterranean. Moderate winds accentuated by a thermal breeze favor family navigation. The sea, still cool in April, quickly becomes warm from May onward.

#### MID-JUNE / JULY / AUGUST:

Hot and dry in the summer, with more sporty sailing days, thanks to a northerly wind called the "Meltem". You will enjoy beautiful warm evenings, the twilight sweetness of a wild anchorage or the friendly welcome of the inhabitants of the ports of the Dodecanese islands and the Turkish coast.

#### SEPTEMBER / OCTOBER:

"A beautiful autumn that does not fear winter". The winds become moderate again in the fall. After summer heat, the fall is often calmer and more restful. Shorter days, but with the most beautiful sunsets. The sea is warm and somewhat calmer. Ideal navigation and mild temperature for those who dislike the summer heat.

### Life on board

Welcome! All of you are now part of the crew! We hope that you will take pleasure in participating in the sailing maneuvers should you desire it. As a member of this crew we hope you will engage in sailing and navigation activities, execution of daily tasks and that you will take part in keeping the sailboat in a clean and ordered state during your stay, for both the enjoyment and pleasure of all those aboard as well as for the safety of the crew.

### Security

The sailboat is built for the sea and well suited for this type of cruise. Throughout your stay, your captain's utmost responsibility is to ensure the safety of you and your entire crew. As such it is important that crew members listen to and follow the captain's instructions as they are for the benefit of your own safety. Sailing is conducted by sight (visual navigation) in the coastal waters of the Greek islands and the Turkish coast. As such should an emergency situation occur, the captain can quickly, for all emergencies, contact the coast guard with VHS radio or his cellphone and obtain a rapid response. Do not hesitate to ask for clarification on the location and use of on-board safety equipment, fire extinguishers, self-inflating life jackets, lifeboat etc. For your safety and the safety of your crew members, alcohol consumption is not permitted during navigation. This is a non-smoking sailboat (this includes vaping).

### Before departure

PTO facilitate departure and in general for all maneuvers, be careful not to leave anything lying around on the deck. Make sure all your belongings are properly stowed. Make sure you have on hand what you will need during navigation (sweater, windbreaker, sunglasses, quick-drying towel, book, etc...). It can be difficult to go below-deck to your cabin and rummage through your things while on the open

seas. Ensuring that your property is properly stowed before take-off is important, as the waves and movement of the boat can shift and damage your property if not properly stowed. Prior to departure we will have closed the port-holes, secured the cabinet doors (lockers) and the valves before each departure. Once the sailboat is readied for departure you will soon hear the captain's orders, to cast off the moorings, hoist the sails and enjoy the wind .... You have become a sailor !

## At sea/moving around the sailboat

Moving around on the sailboat while at sea requires stability, and controlled movements. It is preferable to wear closed toed shoes; however the soles of the shoes must not be black as these will mark the boat. A general rule is that you must always hold on while moving about the sailboat. Be reassured that you will gain your sea legs soon. Always remember to listen to the captain he will let you know if it is safe to walk around or lounge on the bridge.

## Sea sickness

Traveling on the seas via sailboat can cause seasickness in some people. This is not serious but can be very unpleasant and there is no miracle cure. There are various techniques and each person may respond differently to each one. Above all, avoid being cold, do not read or look at a screen, do not lay down and avoid going below deck. Sometimes eating regularly certain foods such as salty crackers can also help. The best thing to do is focus on the horizon and often taking the helm is a great way to do this and to overcome seasickness. And should you feel that you will be sick, please do not rush towards the sink or the toilet and do not throw yourself to the edge of the sailboat ... You risk going overboard. Please just ask for bucket, it is much more elegant and more importantly it is safer. But rest assured, after two or three days of navigation, most people will have gained their sea legs (and stomach). If necessary, taking seasickness medication one hour before departure can also help overcome seasickness.

## Boarding and Disembarking

Before disembarking at the port of call we must make sure that the boat is securely moored. We will check that the gangway on the stern

is well fixed. If you return to the sailboat late at night, please be considerate that some people on board or on neighboring boats may be asleep. Avoid loud discussions late at night, because sound carries on the water particularly at night. If we are at anchor and you would like to use the 2.45 m tender (inflatable boat) to go ashore alone or with your friends without the captain present, please make sure everything is in place (drain plug, paddles, tank full of gas). The captain will explain how to operate of the Yamaha 5 hp engine before you use it for the first time. Pay close attention to the wind which can quickly drift the tender away from your destination. A trip in a tender is an adventure in itself and is rarely waterproof (expect spray), protect your cameras, phones, laptops in plastic bags. And whenever we return on board, please make sure that shoes and feet are not covered with sand.

## Space on board / Electricity

The space on board is limited (15 m / 50 '), so being organized and respecting the shared spaces is important for the shared pleasure of all aboard. Please keep everything tidy and secure for your safety and the safety of the crew. Please avoid going below-deck if you are wet and wipe the stairwell if necessary, if wet, the stairwell can be slippery and dangerous. Please note that the interior upholstery and cushions are not resistant to sea water so clothes and towels must be dried outside, on the sailboat deck.

Please remember to turn off the lights in your cabins and in any other space when they are not in use. Electricity on board is supplied by batteries (accumulators) and / or by a generator. A few hours a day using the sailboat engine and a generator allows us to recharge of the accumulators, but it is important to conserve energy. Battery recharging, if necessary, can also be done when the sailboat is moored at a port overnight and if we connect to a 220v electric terminal. (usually at a cost of ~ 10 euros). The sailboat has a converter (12v. To 110v) which will allow you to recharge your laptops or cameras or this can be done through the 220v socket of the boat when docked in a port with a 110/220 adapter. You have access to the internet and Wi-Fi is free in all ports (cafes-tavernas). All cabins as well as the kitchen/lounge are air conditioned.

## Water / Shower / Toilet

Water on board a sailboat and in the Greek islands is rationed, so we have to be careful with water usage. The tanks aboard the sailboat contain 650 liters of water for washing dishes and showers. All tanks, water and diesel, will be full when you arrive. Water in the 650 l. of our tanks will be refilled as needed, upon arrival in ports (cost ~10 euros). The diesel tank of 300 l. will be refilled the end of the trip upon return to base (and will be payable by credit card or cash). We recommend that bottled water be used for drinking, not the water tanks aboard the boat. For showers (3 showers aboard), a water heater allows you to have hot water when the engine has been running for some time or when the sailboat is plugged in at port. In the summer you can shower outside on the aft deck of the sailboat which is an adventure in itself. Remember to use only the water you need. Some advice for using the toilet (2 toilets aboard). Adjacent to the toilet is a pump and a long hose which is directly connected to the sea or to gray water tanks. You will need several pump strokes to completely empty the toilet bowl. Please be considerate and leave the restrooms clean for the following users. In ports and marinas there are public toilets and showers available.

## Kitchen / Stove / Fridge

The use of the stove is simple and safe (3 burners, 1 oven). There is safety on the burners, and you will have to keep the button pressed for a few seconds after lighting it to maintain the flame. For the meals eaten aboard (which is the choice of the crew) cooking on board can be an enjoyable endeavor. Between the captain and all the other members of the crew, you surely have a recipe to discover or share. If you wish to eat on shore you will usually have many options and can wander the villages to find something that pleases you. The meals eaten in the tavernas can cost you anywhere from 3 to 12 euros.

Do not throw trash or waste overboard, at each stopover we will have opportunities to discard the trash. The refrigerators (3 onboard), including a wine cellar, consume a lot of energy and operate 24 hours a day. To improve their yields, it is therefore necessary to ensure that unless we are plugged in at port or a marina, they should be opened only when necessary and for a short amount of time.



## Equipment and Formalities

Important: If at all possible, please travel using a soft suitcase and/or a soft backpack that is easy to store in the boat hold.

Rigid suitcases can be stored ashore in a secure location, but there is no room to store these aboard the sailboat. Bring light colored clothing that protects against sunburn. Please avoid denim clothing; both for discomfort but also as these risk discolorations on the sailboat upholstery and benches and are very slow drying. Other items to consider bringing natural soap, swimsuit, polarized sunglasses, walking and beach shoes, shoes with non-marking sole for the bridge (like Keen), quick-drying towel, sweater and raincoat, dress according to the seasons, headlamp, sunscreen and earplugs (available at local pharmacies), headphones for your music, 110/220 adapter for recharging your electronic devices. Available at most ports are ATMs, WiFi and SIM cards for your cell phones. The majority of the Greek islands and the Turkish coast can be visited on foot, by bicycle, by scooter (~8 to 15 euros) or by car (~35 euros). In order to rent a vehicle on the islands an international driving license is required. You can obtain this online or at a CAA office. The cost is ~ \$ 25.00 plus the cost of 2 passport photos.

## ANIMATED KNOTS

To start learning your marine knots go to: [www.animatedknots.com](http://www.animatedknots.com) and select Boating. Some important knots to practice include; bowline knot, clove hitch, cleat hitch (dock line), figure 8 knot.

## Additional Information for passenger

We hope you have fun on the boat! We have tried to give you as much information as possible to make your stay as pleasant as possible and to help you establish your personal budget. The captain will try to teach you everything about the sailboat and the sea depending on the duration of your cruise. Attentive listening and rigor in following instructions will allow us to navigate safely. This voyage allows the opportunity for many discoveries about yourself, the sea and the Greek islands or Turkish coast. These discoveries await you and perhaps you will also have the chance to see some dolphins greet you in passing.

When registering, tell us your time and place of arrival (port or airport) on the island of Leros (Greece) so that we can provide you with the best directions to reach the sailboat at its port of Leros in Lakki Bay. The journey from Athens to Leros with Olympicair (36 passenger plane) is ~1 hour, two roundtrip departures per day (these data may vary according to the seasons). Check the airline timetables before your

departure and buy your tickets early as tickets often sell out during the high season. There is also a ferry service available from Athens to Leros Island. This ferry travels at night and only on certain days of the week (journey time ~8 hrs). The journey from the airport to the Lakki marina in Lakki Bay, home port of Anija, is around 20 min by taxi (~18 to 20 euros, 8.5 km). The ferry arrival and departure ports (2) are located a very short distance from the Anija (5 min.). In Greece tipping ~10% for services is much appreciated but is not compulsory.

In case your journey requires a stopover in Athens for a night, I recommend a small hotel near the airport (~15 min) with breakfast and shuttle service from and to the airport for around 70 euros, depending on the season and the owner speaks English and French. You confirm your arrival and departure dates and your flight numbers, and they will be there to greet you. For information and reservations: [peris11@otenet.gr](mailto:peris11@otenet.gr) [www.perishotelapt.gr](http://www.perishotelapt.gr).



For an extended stay at low cost in the Dodecanese Islands and find charm and comfort in a homestay, go to: [www.airbnb.fr](http://www.airbnb.fr) and click on the island of your choice.

## CONDITIONS FOR BOARDING THE ANIJA AND DISEMBARKING

Arrival time: 2:00 p.m. Departure time 11:00 a.m.:

\* THESE CONDITIONS CAN BE MODIFIED IF NECESSARY, BY CONSULTING THE CAPTAIN IN ADVANCE, AND IN ACCORDANCE WITH THE AVAILABILITY OF THE SAILBOAT UPON REQUEST

ENJOY YOUR STAY ON BOARD AND WELCOME TO GREECE! REFERENCES AVAILABLE UPON REQUEST. HAPPY SAILING!



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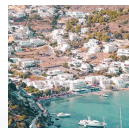
(this number is activated only while I am in Greece)

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To connect via video chat, join me on Skype with my nickname [Yvonclaudeneolet](#) Please make an appointment for a video chat by contacting me via my email address: [yvon@voileaventureculture.com](mailto:yvon@voileaventureculture.com)

Address of the Lakki marina on the island of Leros: Upon your arrival on the island of Leros, please present the coordinates of the Lakki marina in Lakki Bay to your taxi driver who will be happy to drive you to my home port in 20 min. at costs of around 20 euros:



LAKKI MARINA (Not to be confused with the Léros marina)  
AKTI PLOUTARCHOU PLESSA, 85,400  
LAKKI BAY  
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